

# **Behind Your Eyes**

For the Patients & Friends of Eye to Eye Ophthalmology

> Volume 8, Issue I Spring/Summer 2012

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#### Eye On Our Community

On sale now in our office are small decorative yellow squash for the fall. They are a part of our annual fundraiser for the Chester County SPCA. All proceeds from the sales will go to benefit the



local SPCA with matching funds from Eye to Eye Ophthalmology. They are \$0.25 each and grown in Dr. Luscavage's garden. Stop in any time to buy them to decorate your house for the fall. Our annual daffodil bulb and tomato sale is over! For the month of August, we sold organic tomatoes and daffodil bulbs also from Dr. Luscavage's garden to raise funds for the SPCA. We raised \$125 this year from this part of our sale for such a good cause.

Dr. Luscavage participated in 2 different charity bike rides this summer. The first was the Chester County Challenge for Cancer sponsored by Chester County Hospital. The ride was on Father's Day. She also rode in the YMCA Benefit Bike Ride on August 19<sup>th</sup>. She biked 54 miles on that ride! The ride benefited the Good Kids Campaign.

Eye to Eye sponsored a booth at the Jenner's Pond health fair (as we do every year) on May 4<sup>th</sup>. Dr. Luscavage and Joanne conducted free glaucoma and cataract screenings for the community.

On October 10th, Dr. Luscavage will be speaking to the physicians and staff at Community Volunteers in Medicine about "Diabetes and the Eye" as part of their lunch lecture series. Dr. Luscavage sees outpatients from their clinic on an as needed basis. The clinic services the working poor of Chester County.

Don't forget to LIKE us on FaceBook for the most up to date information about what is happening in your community.

#### EYE TO EYE IN FOCUS

How well do you know our faces? Can you match the Eye to Eye staff member with their baby picture?











To see the answers Like Eye to Eye Ophthalmology on FaceBook or visit our website <a href="http://www.eyetoeyeop.com/id3.html">http://www.eyetoeyeop.com/id3.html</a>

To reveal the answer.



#### Sports and the Eye

Did you know that 40% of all eye injuries are sports or recreational activity related? This is the time of year when school sports start back up again so make sure your child has prescription protective eyewear for his or her sport. You as an adult should also wear protective eyewear for sports to set a good example. Among all eye injuries reported in a study by the American Society of Ocular Trauma only 5.3% of people were wearing safety or sports spectacles. Safety glasses should have ANSI Z87.1 on the lens or frame.

For all of you swimmers out there, did you know that Speedo makes inexpensive prescription goggles? They can be bought at the swim outlet.com for around \$20. The goggles have the same prescription in both eyes so they are not always exactly your prescription, but they are close enough for most people to see while they swim. Ask Dr. Luscavage which strength to buy next time you come in for an exam.

(Statistics in article from American Academy of Ophthalmology's website on eye injuries)

## Important Phone Numbers & Resources

Eye to Eye Ophthalmology 610-388-9755

Eye to Eye Fax

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610-388-9756

Riddle Memorial Hospital.

610-566-9400

Wills Eye Hospital

215-928-3000

Behind Your Eyes is a production of Eye to Eye Ophthalmology. Comments or suggestion can be addressed to Joe Luscavage at 610-613-9887 or email Eyetoeyeop@aol.com





### **Staff Photos - Answers**



**Debbie** 



Dr. Luscavage



Joanne



Allison



Rebecca